



Central New Jersey
Maternal and Child
Health Consortium

Presents

**Empowering Pregnant Women
To
Promote Healthy Outcomes**



June 9, 2011
7:45am-3:30pm

**The Raritan Bay Area YMCA
325 New Brunswick Ave
Perth Amboy, NJ 08861**

Co-sponsored by:

NJ Coalition for Prevention of Developmental
Disabilities/The Arc of NJ
Raritan Bay Medical Center
Weisman Children's Rehabilitation Hospital
Mom's Quit Connection



**Program
Objectives**

Identify symptoms of Neonatal Abstinence Syndrome (NAS) and treatment modalities that focus on consumer education given by the healthcare provider.

Describe the range of developmental disabilities that can occur with prenatal alcohol exposure (Fetal Alcohol Spectrum Disorder) and address the role of screening and prevention.

Identify the evidence to support Methadone maintenance as a treatment modality for opioid dependence in perinatal health.

Identify the availability of treatment options for pregnant women with addiction.

Discuss the potential for perinatal risks from tobacco exposure and the treatment options available.

Discuss the risk factors and barriers to treatment for addicted women suffering from postpartum depression.

Discuss the critical need to improve access to prenatal healthcare.

Identify community-based programs for pregnant women which provide support, education, and connection to additional resources.



**Continuing
Education Credit**

Continuing Education Hours for Social Workers: Application is being made to the NJ Board of Social Work Examiners for approval for 6.0 continuing education hours.

Continuing Nursing Education Contact Hours: This program has been awarded 6.0 contact hours.

The Central New Jersey Maternal and Child Health Consortium is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center's COA.

Provider # P92-2/11-1-14 . Provider approval is valid through January 31, 2014.

Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.

This Program is partially funded by
a grant from:

The New Jersey Department of Health and Senior Services

The Governor's Council on the Prevention of Developmental Disabilities



Registration Form

Empowering Pregnant Women To Promote Healthy Outcomes

June 9, 2011

Name: _____

Address: _____

Phone: _____

E-mail: _____

Affiliation: _____

MD RN LPN MSW Other

Cost of Program \$15.00

Mail payment with registration to:
**Central New Jersey Maternal and
Child Health Consortium**
2 King Arthur Court, Suite B
North Brunswick, NJ 08902
Fax-732-937-5540
www.cnjmchc.org

For questions please contact:
Debbie Riscica
732-937-5437 or
driscica@cnjmchc.org

Agenda

- 7:15 Registration**
- 7:45 Welcome**
- 8:00 Neonatal Abstinence Syndrome**
Adele McCloskey, RN, CRRN
- 9:00 The Consequences of Fetal Alcohol Spectrum Disorders**
Deborah E. Cohen, Ph.D
- 10:15 Break**
- 10:30 Management of the Opioid Dependent Pregnant Woman**
Catherine Vieira, RN, BSN, CARN, CPAS
- 11:30 Exhibits**
- 12:00 Lunch**
- 12:45 Ask, Advise, Refer: Brief intervention for Smoking Cessation**
Catherine E. Butler, BSW, CSW
- 1:45 The Importance of Access to Prenatal Care: The Patient Navigator Program**
Charlotte Feeney, RNC, BSN
- 2:45 The Parent and Home Visitor Connection: Working Together to Build Strong Families**
Caitlin Sulley, BFA
- 3:00 All About Methadone**
Dana Brown, LCPC, MA, CADC, CBT, CTC
- 3:15 Evaluations**
- 3:30 Adjournment**

Speakers

Adele McCloskey, RN, CRRN
Educator
Weisman Children's Rehabilitation Hospital

Deborah E. Cohen, Ph.D
Executive Director
New Jersey Office for Prevention of Developmental Disabilities
New Jersey Department of Human Services
Division of Developmental Disabilities

Catherine Vieira, RN, BSN, CARN, CPAS
Director of Nursing
CURA Inc.

Catherine E. Butler, BSW, CSW
Program Coordinator
Mom's Quit Connection
Southern New Jersey Perinatal Cooperative

Charlotte Feeney, RNC, BSN
Program Coordinator/Nurse Consultant
Access to Prenatal Care Program
Central New Jersey Maternal and Child Health Consortium

Caitlin Sulley, BFA
Program Coordinator
Data and Evaluation Associate
Community Health Programs
Central New Jersey Maternal and Child Health Consortium

Dana Brown, LCPC, MA, CADC, CBT, CTC
Perinatal Risk Reduction Specialist
Perinatal Addiction Prevention Project
Central New Jersey Maternal and Child Health Consortium

Program Goal

The purpose of this continuing education program is to update health professional and outreach worker knowledge regarding evidence based practice and treatment in order to decrease perinatal risks from substance abuse.

Target Audience

This program is intended for physicians, nurses, social workers, and other professionals, working with pregnant women in a variety of settings.

Disclosures

All the speakers and planners do not have any disclosures to make in the content of this continuing nursing education activity.

No non-FDA approved information will be presented.

There is no commercial support for this continuing nursing education activity.

