

Karen Denard Goldman

A certified health education specialist, past president of National and Greater New York SOPHE, and current president-elect of the Public Health Association of NYC, Karen has 25+ years of health education experience on the frontlines and in academia.



The Principal Investigator on many grants, Karen has co-authored over 70 Health Education

Tools of the Trade columns, two books of tool compilations, published articles in public health, medical, and health education journals, and has served on the National Commission for Health Education Credentialing Inc. As Director of KDG Consulting Karen offers CHES exam review courses and study toolkits as well as gives presentations across the country and abroad.

Currently, Karen is Co-Director of the Community Health Program at Kingsborough Community College/CUNY where, for the past five years, she has coordinated the annual Finding Your Inner Leader “Aha!” Conference for future public and community health leaders.

Dr. Goldman earned her MAT in teaching (Beloit College), an MS in Health Sciences (Hunter College), a PhD in Health Education (NYU), and a certificate in Human Resources Management (Pace University).

Directions

From Route 1

- Take U.S. Route 1 to Alexander Road East/Princeton Junction exit (second Alexander Road exit if you are traveling on Route 1 South).
- Stay on Alexander Road and go through 3 lights.
- The NJHA Conference and Event Center is approximately one mile on your right.

From North or South via New Jersey Turnpike

- NJ Turnpike to Exit 8 (Hightstown/East Windsor). (NOT Exit 8A - when coming from the North 8A will come first, do not take 8A. Proceed to Exit 8 which is after 8A).
- Take Route 33 East about ¼ mile and follow signs for Route 133 (bypass) WEST.
- Take Route 133 West to Route 571 West (Princeton-Hightstown Road).
- Stay on Route 571 for approximately 8 miles.
- Go straight through the traffic light at Clarksville Road and turn left at the next traffic light onto Alexander Road.
- Alexander Road will curve to the left. Enter the rotary and take your first exit (will still be Alexander Road).
- The NJHA Conference and Event Center is approximately one mile on your left.

North via Garden State Parkway

- Parkway South to Exit 129. Exit onto NJ Turnpike South.
- NJ Turnpike to Exit 8 (Hightstown/East Windsor). (note: Exit 8 is after 8A).
- Take Route 33 East about ¼ mile and follow signs for Route 133 (bypass) WEST.
- Take Route 133 WEST to Route 571 West (Princeton-Hightstown Road).
- Stay on Route 571 for approximately 8 miles.
- Go straight through the traffic light at Clarksville Road and turn left at the next traffic light onto Alexander Road.
- Alexander Road will curve to the left. Enter the rotary and take your first exit (will still be Alexander Road).
- The NJHA Conference and Event Center is approximately one mile on your left.

South via Garden State Parkway

- Parkway North to Exit 98.
- Take Exit 98 onto I-195 West.
- I-195 West to I-295 North.
- Follow I-295 North to Exit 67A (Route 1 North).
- Proceed on Route 1 North for approximately 3 miles.
- Take Alexander Road exit and turn right onto Alexander Road.
- The NJHA Conference and Event Center is approximately one mile on your right.

For additional directions please visit:

<http://www.conferencecenternj.com/Directions.aspx>

The New Jersey Chapter of
the Society for Public Health
Education, Inc. (NJ SOPHE)
Presents...

The Art and Science of Effective Leadership: Things That You Didn't Know, But Must Know To Thrive as a Leader



Friday, December 3, 2010
8:00 am-3:00 pm

NJHA Conference and Event Center
760 Alexander Road
Princeton, NJ 08540



Goal

The goal of this workshop is to elicit a series of “Aha!” reactions as we explore health education leadership realities such as leading with and without the title you’ve got the title-finding followers, building commitment, risk taking, positionary vs. decisionary leadership, recognizing and seizing leadership opportunities, and living with the consequences of taking on a leadership role!

Objectives

1. Describe what it means to have a "leadership mindset".
2. Explain the difference between positionary leaders and decisionary leaders.
3. Describe the risks and rewards of being a leader.
4. Identify your readiness to lead or be a leader.

Call for Posters/Displays

We welcome all posters/displays from organizations, faculty, staff and students (both graduate and undergraduate). For more details and to obtain an application please visit our website at:

www.njsophe.org

The deadline for application submission is **Monday, November 1, 2010**. The NJSOPHE Program Committee will review and notify all applicants by **Monday, November 15, 2010**.

Agenda

Registration & Continental Breakfast

8:00 am-9:00 am

NJSOPHE Business Meeting (All are invited to attend)

9:00 am-10:00 am

Break and Poster Display

10:00 am-10:15 am

Leadership Theory – What Does It Really Mean to be a Leader?

10:15 am-12:00 pm

Karen Denard Goldman, PhD, CHES, SPHR

NJSOPHE Annual Awards Presentation

12:00 pm-12:30 pm

Lunch, Networking and Poster Display

12:30 pm-1:15 pm

Leadership “Roadtest” – Are You Ready to Lead?

1:15 pm-2:45 pm

Karen Denard Goldman, PhD, CHES, SPHR

Wrap Up & Evaluation

2:45 pm-3:00 pm



Registration Form

Name: _____

Title: _____

Organization: _____

Address: _____

Email: _____

Phone: _____

Fees are as follows:

NJSOPHE Member: \$45

Non-Member: \$55

Full-Time Students: \$20

Do you have food restrictions? _____

The registration fee includes all conference materials, continuing education credits, continental breakfast and lunch. **Seating is limited.** For more information, please contact Iesha Suber at (973) 972-5354 or isuber.njsophe@gmail.com.

Please make checks payable to **NJSOPHE** and mail to **Iesha Suber, P.O. Box 2061, Edison, NJ, 08818.**

Continuing Education

An application has been made for three (3) Category I CHES CECHs. The Society for Public Health Education Inc. (SOPHE) is a designated provider of Continuing Education Contact Hours by the National Commission for Health Education Credentialing. An application has been submitted to request three (3) New Jersey public health CE credits.

Public health CE credits will be awarded to licensed NJ health officials who attend this workshop.