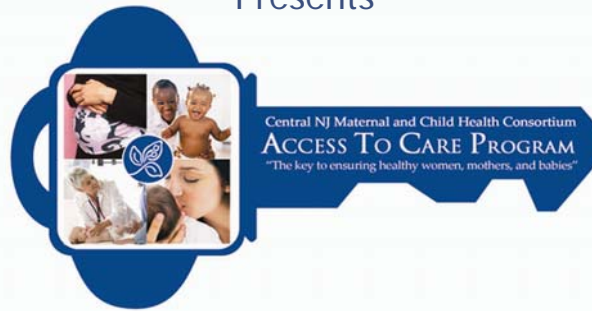




Central NJ Maternal and Child Health Consortium

Presents



Preconception Health: Lessons Throughout a Lifetime

Provided by a grant from Department of Health and Senior Services

June 21, 2010
8:30am-3:30pm

Princeton Marriott
Hotel & Conference Center
at Forrestal
110 College Road East
Princeton, NJ

Program Objectives



- Identify the need for increased advocacy and social support in order to elicit policy change that assists women and families in maintaining a healthy lifestyle.
- Recognize the critical need to improve access to healthcare for women of childbearing age.
- Discuss the life course perspective as a new framework for maternal and child health practice.
- Discuss the importance of peer education as an effective and innovative approach to educating minority teens.
- Identify opportunities for improving health communication by increasing knowledge of the impact that limited health literacy has on women's health.
- State components of the new Access to Care Program.



Continuing Education Credit



Continuing Education Hours for Social Workers: Application is being made to the NJ Board of Social Work Examiners for approval for 4.5 continuing education hours.

Continuing Education Hours: An application has been submitted to the Society for Public Health Education Inc. (SOPHE) to award Category I CHES CECH. SOPHE is a designated provider of Continuing Education Contact Hours by the National Commission for Health Education Credentialing.

Continuing Nursing Education Contact Hours: This program has been awarded 5.5 contact hours.

The Central New Jersey Maternal and Child Health Consortium is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center's COA.

Provider # P921-08-11. Provider approval is valid through January 30, 2011.

Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.



Registration Form



Preconception Health: Lessons Throughout a Lifetime

June 21, 2010

Name: _____

Address: _____

Phone: _____

E-mail: _____

Affiliation: _____

MD RN LPN MSW Other

This conference is offered free of charge,
preregistration is required.

Mail, fax or register on-line at:
**Central New Jersey Maternal &
Child Health Consortium**
2 King Arthur Court, Suite B
North Brunswick, NJ 08902
Fax-732-937-5540
www.cnjmchc.org

For questions please contact:
Charlotte Feeney
732-937-5437 or
cfeeney@cnjmchc.org

Agenda



- 7:45 Registration**
- 8:30 Welcome**
Robyn D'Oria, MA, RNC, APN
Celeste Andriot Wood
- 8:45 Making the Grade on Women's Health**
Brigette Courtot, MPH
- 9:30 The Life Course Perspective:
A Practical Approach to Improving
Women's Health Across the Lifespan**
Tamara Wrenn, MA, CCE, CIMT, CWC
- 10:45 Break**
- 11:00 Improving Birth Outcomes:
Progress and Challenges**
Karla Damus, PhD, MSPH, RN, FAAN
- 12:15 Lunch**
- 1:15 From Campus to Community through
Peer Education: Preconception Peer
Educators Program**
Isabel M. Estrada-Portales, MS
- 2:00 Health Literacy: A Misdiagnosed
Problem**
Elissa Director, MA
- 2:45 Access to Care: A Model for Improving
Health for Women and Children**
Robyn D'Oria, MA, RNC, APN
- 3:15 Evaluation**

Speakers



Celeste Andriot Wood
Assistant Commissioner
Division of Family Health Services
NJ Department of Health and Senior Services

Robyn D'Oria, MA, RNC, APN
Executive Director

Central New Jersey Maternal &
Child Health Consortium

Brigette Courtot, MPH
Senior Health Policy Analyst
National Women's Law Center

Tamara Wrenn, MA, CCE, CIMT, CWC
Senior Consultant
Practice Matters Consulting Firm, a subsidiary of
Northern Manhattan Perinatal Partnership, Inc

Karla Damus, PhD, MSPH, RN, FAAN
Associate Clinical Professor
Dept Ob/GYN and Women's Health
Albert Einstein College of Medicine

Isabel M. Estrada-Portales, MS
Director of Communications
Office of Minority Health Resource Center

Elissa Director MA
Health Literacy Consultant
Former Executive Director
Literacy Volunteers of New Jersey

Purpose



The purpose of this continuing education program is to expand the knowledge base of professionals who work with women and their families. This program will explore the promotion of health throughout the lifespan.

Target Audience

This program is intended for physicians, nurses, social workers, and other professionals, working with women and children in a variety of settings.

Disclosures

All the speakers and planners have no vested interest in the content of this continuing nursing education activity to disclose.

No non-FDA approved information will be presented.

No commercial support was provided for this continuing nursing education activity.

This conference is being funded by a grant from the New Jersey Department of Health and Senior Services.

Planning Committee

Robyn D'Oria, MA, RNC, APN
Velva Dawson, MPA
Ellen Shuzman, PhD, RNC, CNA, APN
Betsy Coffin, MPA
Charlotte Feeney, BSN, RNC
Emily C. Elizondo, MPH, CHES